



# Get convenient online access to your benefits card

Follow these steps to view, save and print your benefits card.

1. Sign in to **mycanadalifeatwork.com**
2. Select **Info centre** from the menu on the left side
3. Select **Benefit cards**

You can also save your card to your mobile device with the My Canada Life at Work app.

canadalife.com | 1-855-729-1839

The screenshot shows the website interface. At the top left is the Canada Life logo. Below it is a navigation menu with the following items: Overview, Make a claim, Benefits, **Info centre** (highlighted in red), Resources, and Options for you. To the right of the menu is a sidebar titled 'Information centre for benefits'. It contains two main sections: 'Benefit cards' with a sub-description 'Get the cards you and your eligible dependants need to use your benefits.' and a link 'View benefit cards >'. Below that is a 'Forms' section with a sub-description 'Find forms you may need to manage your benefits.' and a link 'View forms >'. A large red number '3' is overlaid on the top right of the sidebar area.